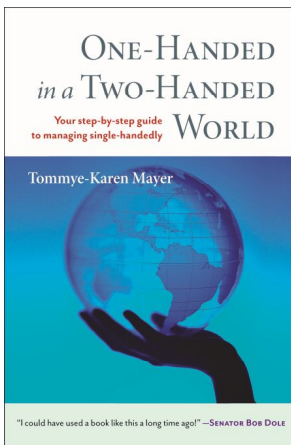




Prince Gallison
Crafted from experience.

Tommye-K. Mayer's 10 Essential Gadgets for Managing Single-Handedly



- **Cuisinart SmartStick Infuser**. This handheld blender with a simple one-touch control blends and mixes everything single-handedly.
- **Cutting Board**. This particular model tool includes a small vise and the ability to cover the nails on which you impale what you want to cut or slice, providing a safe flat workspace.
- **Dental Flossers**. This is the only way to single-handedly and effectively remove plaque between teeth and below the gum line, where periodontal disease starts.
- **Dycem**. This non-slip material solves many of the stabilization and gripping problems of managing single-handedly.
- **Long-Handled Bath Brush**. This long-lasting, natural-bristle bath brush has an 18-inch long handle for a single-handed all-over body scrub and massage.
- **Lotion Applicator**. The pad of this applicator is about the size and shape of a bar of soap. It is sculpted and contoured on the edges, attached to a handle long enough to reach all of your back.
- **Paper Clips**. I use the jumbo size to clip together pages I've read in a book, allowing me to move my hand without losing my place.
- **Stringy Stress Ball**. I am so excited about this idea that came to me after much thought. I use it to help me wash my one hand and, since I have, I've had far fewer viruses and colds.
- **Suction Cup Pads**. A 2-inch oblong rubbery pad with ¼ " suction cups on both sides—great for firmly holding in place whatever you're working on.
- **Winged Corkscrew**. Because grown-ups should be able to open a bottle of wine for themselves.

Tommye-K. Mayer's 10 Essential Gadgets for Managing Single-Handedly are all available thru the PrinceGallison aStore <http://www.PrinceGallison.com>

